

UNIVERSITY OF CAPE TOWN



MASTER OF NURSING IN CHILD NURSING (Clinical)

A collaborative programme between the
**DEPARTMENT OF HEALTH AND
REHABILITATION SCIENCES**

Division of Nursing and Midwifery
and

**DEPARTMENT OF PAEDIATRICS
AND CHILD HEALTH**

Child Nurse Practice Development Initiative

**Are you ready to become an
Advanced Paediatric Nurse Specialist?
Ready to lead change and advance the
health of children, their families and
communities in your country and on
the continent?**

What are the philosophical underpinnings of child nurse training in the Child Nurse Practice Development Initiative?

• Improving care provided to the sickest of children is to ensure that the trend towards reduced mortality and morbidity continues.

Advanced Paediatric Nurse Specialists play a role in leading care to optimise a child's health and wellbeing along the continuum of health and illness.

- Each child, newborn to adolescent, is a unique and valuable human being.
- Mother-child interaction is a key indicator of a child's health outcome.
- Family and community are the ideal context of care for children.
- A child's health is not static; it varies in time and along a continuum of health and illness.
- Skilful, caring and ethical nursing is offered in the context of engaged relationships and multidisciplinary teams.
- Best practice in nursing is evidence-based and aligned to regional need and context.
- Adult learners are self motivated to learn and improve their own practice.



What can you expect from this clinical Masters of Nursing in Child Nursing?

Innovative teaching and learning approaches
Development and refined advanced clinical knowledge and skills applicable to your local clinical settings

Stimulating collegial conversations

Diverse clinical placements across the care continuum

Challenge to think critically and to contribute clearly

A strengths-based approach to teaching and learning

On-going educational support

Personal and professional growth

We challenge you to be a pioneer in developing the role of the **Advanced Paediatric Nurse Specialist in your own setting and in the African context**



We welcome students from all South African provinces and other African countries.

Entrance requirements for the course:

- Four year degree in nursing or a qualification recognised by the senate as equivalent;
- **AND** an appropriate postgraduate diploma in nursing at NQF level 8 passed with a higher than 70% average;
- **AND** Registration with the SANC as a general and Child (Critical Care) Nurse Specialist;
- **AND** At least two years clinical experience nursing children after Nursing Councils registration;
- Computer literacy and evidence of English language literacy and proficiency.

N.B. Applicants from outside SA must submit proof of registration as a nurse within their home countries. Limited registration with the SANC is required for the duration of the course.

Duration and venue:

Two years full time, based mostly in Cape Town but also to include electives and rotations in rural and urban clinical settings.

Programme Design Approach:

An intentional clinical emersion model supports innovative approaches to active inter-professional learning, always linked to exploring best practice and evidence based, applicable to students' local settings.

Practical workplace engagement fosters a high level of clinical competency and intra-professional communication in multi-logical settings. These include all levels of health care provision in urban and rural settings.

Quality assurance:

Research-based curriculum. Designed with an intentional evaluation process. All courses externally examined.

For information contact:

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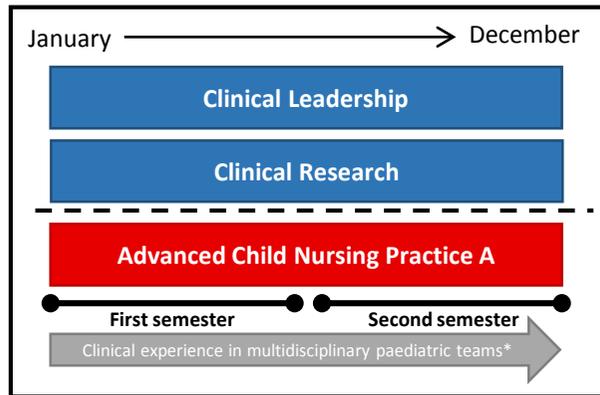
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STRUCTURE OF THE MASTER OF NURSING IN CHILD NURSING (Clinical) AT UCT

This clinical masters programme is structured according to the South African NQSF 2013 guidelines for a professional masters programme – its purpose and outcome is achieving clinical expertise in Children’s Nursing. This 160 credit Masters programme is offered as a collaborative degree between the Department of Paediatrics and Child Health and the Department of Health and Rehabilitation Sciences in the UCT Faculty of Health Sciences. The clinical discipline-specific courses and learning are coordinated in Paediatrics and Child Health by the Child Nurse Practice Development Initiative and the more generic clinical leadership and research courses by the Division of Nursing and Midwifery, in Health and Rehabilitation Sciences. Intentional interdisciplinary learning is a core value in the design. The programme consists of four courses and an independent study component:

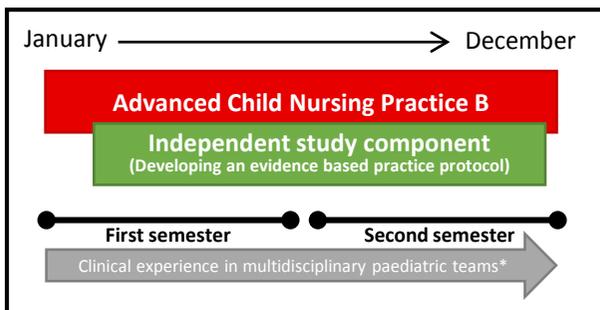
Details and organisation of the courses:

Year One



*Clinical experience is organised into trimesters of intensive critical care, complex chronic care and district level care, all supported by collaborating paediatric clinician mentorship. Placements will be at tertiary, secondary and primary level facilities and may be in the student’s home clinical settings.

Year Two



*Clinical experience is intentionally in the area of the student’s clinical focus, either sub-specialist or district level care. Collaborating paediatric clinician mentorship with continue and placements may be in the student’s home clinical settings.

Clinical Leadership Graduates from this course will be advanced specialist nurses, proficient in clinical leadership roles at the bedside and in the clinical governance of health facilities and systems. Innovative and value-based principles are core to this course, which will challenge students to deconstruct the deeply entrenched thinking and traditions that pervade health service provision. The course will incorporate innovative thinking approaches and emerging modalities, including an emphasis on emotional intelligence, a strengths-based approach to building and managing teams and honed communication skills. Participants will be challenged to utilise principals of change and pursue change implementation. Aspects of economics and financial planning; resource management; systems thinking, monitoring and evaluation will also be included, as well as robust debate encompassing ethics and the various aspects of restorative justice. Knowledge and skills in essential elements of transformative clinical leadership and the ability to model leadership will be gained and refined in both of the advanced clinical nursing practice courses.

Clinical Research Graduates from this course will be expected to function as Advanced Nurse Specialist, proficient in utilising and evaluating clinical research. The purposeful critique and application of the current evidence base of children’s nursing is a core part of the curriculum. Course content will include research methods, including intervention research, randomised controlled trials and systematic and integrative reviews, and research ethics and dissemination of research results. Graduates will emerge with efficient skills of literature critique and application, data management and data analysis, alongside a working knowledge of statistics. Knowledge is gained and assessed in the Clinical Research course (Year 1) and further applied and evaluated in the independent study component (Year2).

Advanced Child Nursing Practice A and B Graduates from this course will possess knowledge and skills in the practice of advanced children’s nursing. Advanced Child Nursing Practice A serves to equip students with the skills and knowledge to competently *plan* evidence-based nursing care, and Advanced Nursing Practice B with the skills to *direct and implement* such care. Advanced Nursing Practice A serves as a foundation for Advanced Nursing Practice B. Both Nursing Practice courses explore the emerging science and application of advanced children’s nursing practice in local, regional and international contexts. Learning activities are designed to facilitate the progressive development of i) a sound knowledge base built on current and emerging evidence, ii) clinical competence in the advanced nursing care of infants, children and adolescents, working with individuals, families and communities with an intentionally Primary Health Care approach across all levels of the formal health care system, iii) complex decision-making, clinical reasoning skills, and critical and creative thinking skills necessary to advanced nursing practice, iv) and the ability to function as a key member of multidisciplinary team. Students will learn within multidisciplinary teams, and in their second year, within the clinical sub-speciality or district health team of their choice. Students will be required to take advanced nursing clinical responsibility for a particular patient load and population. Advanced Nursing Practice B takes a clinical practice improvement focus where the student is required to lead a participative practice improvement process and develop an evidence based practice protocol. Acquired knowledge and skills in advanced nursing practice will be evaluated in Advanced Child Nursing Practice A (Year1) and built on and consolidated in Advanced Child Nursing Practice B (Year 2).